

March 16, 2010

Scripture Reading: Psalm 23

Sometimes we ask, "Where is God when we are suffering?"

There are days and times when our hearts break when we or those we love are suffering. We feel for those in far off places who go through trials and tribulations, but when it is our family, or our friends, we cry out to God.

We ask, "why?"

We ask, "why us?"

We turn to Scripture for answers. We look for signs of God's presence. We look for hope. We long for some word of assurance that God is with us.

The Psalms are a place to turn in times of need. In the 150 Psalms, we discover that God is big enough to handle every human emotion, from joy to despair and everything in-between. Even when the Psalm-writers cry out to God or express their anger, they still come back to the place of confidence: God is with us.

In the 23rd Psalm there are many promises of comfort, but God does not promise that we will not walk through the valley or the shadow of death. God does promise that when we walk through the valley, we do not have to be afraid. God is with us.

Whatever you are feeling today, take it to God. God can handle it. Trust that wherever you go, God is with you. Thanks be to God.

Pray for those who are suffering today.