

March 31, 2010

Scripture Reading: Luke 22:39-48

The example of Jesus encompasses many areas of life. As described in the Gospels, Jesus' life shows us how to live life as a child of God. In Jesus we see love in action. We see compassion and caring. We see hospitality. We see faith and obedience. In fact, we might be able to affirm that Jesus teaches and shows us everything we need to know. Including how to pray.

Throughout Luke's Gospel, Jesus prays; and in the 11th chapter, Jesus teaches his disciples (and us) how to pray. But on the Mount of Olives, we not only see Jesus praying, but we hear what he says.

Consider what we might learn from Jesus' example:

- We can pray at critical times in our life.
- We can be honest with God, expressing our raw emotions.
- We can ask others to pray with us.
- We can trust that God will care for us when we pray.
- We can submit ourselves to God's will.
- We can ask for and receive what we need.

According to the New Testament, prayer is practiced and learned. Spend time prayerfully reading Luke's account of Jesus at prayer and let Jesus' example lead you into your own conversation with God. Know that you can tell God everything and trust that God will be with you. In the end, submit yourself to God, believing that God's will is best.

Let Jesus' words be your refrain today: "Not my will but yours be done."